

ANNUAL REPORT 2015

# Fundação Lafaek Diak

*Helping Each Other - We Come out of Difficulty*



*Top left photo: Swiss Ambassador Mrs. Yvonne Baumann and FLD Director Constantino Pinto inaugurating the water-and-sanitation unit for Aubaka & Caisidu villages in December 2015;*

*Top right photo: graduation of second group of students of Centru Treinamentu Mekaniku da Paz - the FLD agricultural mechanic and organic farming course for school drop-outs, April 2015;*

*Bottom right photo: Augustinha (a Triloka clinic patient) is filled with joy over her newly received wheelchair, which offers more freedom and mobility;*

*Bottom left photo: mother and children coming for post-natal-care and immunization.*

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## ACCOMPLISHMENTS 2015

This year FLD celebrates its tenth anniversary of existence, truly a reason to be grateful for all accomplishments. We wish to thank all friends and organisations from around the world that have partnered in our work in rural community development in East Timor. Through continued growth in human and organisational capacity, as well as physical reach we keep striving to be agents of change and strengthen growth in the community. This marks the seventh annual report of FLD. The stories shared below give witness to our gratitude to the Creator for all that was possible within this year.

### TRILOKA HEALTH CLINIC - MOBILE CLINICS - MATERNAL AND CHILD HEALTH – HEALTH EDUCATION



After an external evaluation in April 2015, FLD was able to secure continued financial support from TAI, to bridge the year of 2015-2016 to fund our health programs, which offered more time to search for a new partner interested in continuing to develop the work with us.



In 2015 the mother & child programs have grown with increasing participation. They include pre- and post natal care, birth assistance (both at home and in the maternity clinic), immunization, family planning.



The health education program expanded to over ten schools (9 primary and one junior high school), the patients' waiting room as well as the mobile clinics sites, and also to CTID, the Canossian college for rural women.



Daily women (and sometimes men) came for family planning consultations with midwife Anastasia and her team. Once a week is immunization day for children and women. Documents are kept carefully and women reminded to bring their children back according to schedule. A monthly mother's support group and health education are part of the programs.



### MEDICINES FROM DIFAEM & VEGA



Two large donations of medical equipment from the *German Institute of Medical Mission* (DIFAEM) and friends from *Historic Vessel Vega* enabled FLD in 2015 to supply much needed medical services through the Clinic, mobile clinics in remote villages and the maternity programs.



## EXTERNAL PROGRAM EVALUATION - April, 2015

FLD conducted an external Program Evaluation, which was facilitated by *Methodius Kusumahadi*, from Yogyakarta, Indonesia. Stakeholders in both opening and closing workshops consisted of: FLD Board, FLD Executive team; all FLD staff; Chief of villages and sub-villages; heads of schools and key teachers in the target area; members of the community, former patients and partners.

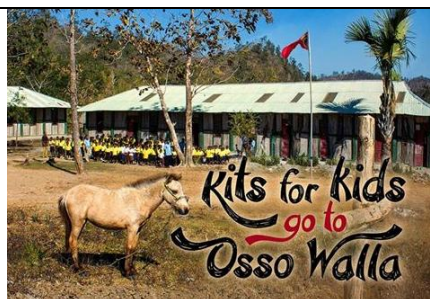


The outcome of the evaluation was an appreciation of nine years of FLD's development in vital areas with a strong sense of needing to continue this work. Recommendations included to focus on empowering the community more, institutional development of FLD and to build a strong foundation for the future in regards to fundraising and networking.

*"I have come to find out where the change has come from that I see in my daughter, since she has come to visit and volunteer in Triloka with FLD and the community here several times. Not only has she changed through these encounters, but she has brought this change back to our family. I have come because I want to learn more about what has touched her heart and brought about this change."*

(*Franco Ucci*, Father of *Sara Ucci*, one of the young adults from the Nazareth partners (NOW) from Adelaide, who made a statement at the closing workshop of the external evaluation, in this rare opportunity to meet and share.)

## 'KITS FOR KIDS



In August 2015 FLD in partnership with friends from *Vega Historic Vessel*, was able to conduct a distribution of several hundred school-kits for students and teachers at the primary school in the very remote village of Osso-ala.

## SHARING WATER FOR HEALTH HYGIENE AND GROWING FOOD

From October through December 2015, FLD worked with the sub-villages of *Aubaca & Caisidu, Triloka* to build one unit of a community water and sanitation laundry-toilet facility, which now offers access to clean water for over 155 households in the area. The community offered their labour as sweat equity; materials were supplied through the project in collaboration with the Swiss Embassy. FLD facilitated the process and accompanies the water maintenance and management group in the village. On 27 November, 2015 the toilet-shower-and-laundry facility and water pipeline were officially opened by the Swiss Ambassador, *Mrs. Yvonne Baumann* and the Director of FLD, in the presence of the local community and the local government.






## UNIVERSITY SCHOLARSHIP PROGRAM

2015 brought another graduation of one of the FLD Scholarship recipients. FLD commends **Cesario Pereira Freitas** on his successful completion as Associate Pharmacist. Upon graduation he returned back to Triloka and is now working to develop and build the Triloka clinic and Maternity Pharmacy, giving back to the community with the newly gained skills and knowledge. 2015 also brought a new scholarship recipient into the program, **Augusta Piedade da Silva** who began her studies for a three-year nursing Diploma. The other two scholarship recipients both completed their fourth and fifth semesters and are doing well. An update follows describing the progress of the four students in the scholarship program for 2015:

	<p><b>Paulo Fransico Simoes</b> completed her 4<sup>th</sup> &amp; 5<sup>th</sup> semesters in 2015, towards a three-year Bachelor degree in nursing at <i>Sekolah Tinggi Kesehatan STIKES Kenedes University</i> in Malang, Indonesia. He is expected to complete his studies and return to Timor-Leste at the end of 2016.</p>		<p><b>Augusta Piedade da Silva</b> began her studies towards a three-year Bachelor degree in nursing at <i>Sekolah Tinggi Kesehatan STIKES YAKKUM CD-Besthesda University</i> in Yogyakarta, Indonesia. She comes from a very rural village and is adjusting to life in a modern city and to studying in Indonesian.</p>
<p><b>Cesario Pereira Freitas</b> completed his three-year Bachelor degree in Pharmacy at <i>Akademi Pharmacy Putra Indonesia</i>, in Malang, Indonesia. He appreciated this extra ordinary opportunity and especially liked doing research for his final thesis.</p>		<p><b>Ana Josefa Ximenes</b> completed her 4<sup>th</sup> &amp; 5<sup>th</sup> semesters in 2015 in a 3-year Bachelor degree in midwifery at <i>STIKES Widyagama Husada University</i> in Malang, Indonesia. During this period she completed four intensive practicums, assisting with births and other midwifery tasks.</p>	

## SMALL BUSINESS DEVELOPMENT

	<p>FLD has continued to support 25 families of weavers through product development and market connections in 2015 (and helped channel to the <i>Home</i> weavers a total of USD \$ 1,916.00). Due to a ‘state of emergency’ in the four eastern districts of East Timor in 2015 it was impossible to travel to <i>Home</i> village in Lospalos for eight months, which impacted the support FLD could offer to the weavers groups.</p>	
	<p><i>St. Edmund's</i> College in Brisbane, Australia ordered 200 woven tais scarves for their 2015 graduation (see left picture).</p>	

## PLANS FOR 2016

1	Continue Rural Community Health Program: <ul style="list-style-type: none"> <li>- Find new partner to support Triloka Clinic &amp; Health Program</li> <li>- Building a new Medical Laboratory at the Triloka Health Clinic</li> <li>- Further develop Clinic staff capacity through in-formal and formal training.</li> <li>- Build a new security fence for the Triloka Campus.</li> </ul>
2	Further Develop the Training Centre for Mechanics/Agriculture and Peace and strive towards accreditation <ul style="list-style-type: none"> <li>- Identify steady partner (secure funding) for CTMP</li> </ul>
3	Expand Scholarship Program to include Medical Laboratory Technician, Radiography, Medical Administration and Teaching.
4	Further assist in the development of the women's weaving group in Home, specifically in product development, marketing and promotion.
5	Continue leadership training for FLD Board & staff, further develop the administration capacity of FLD through training; identify Volunteer for Organisational Development & donor liaison.

Financial Report (1/1/15 - 31/12/15)		Statistics	
Clinic and Nutrition	USD \$ 57,321	Average monthly polyclinic and mobile clinic visits	606
Organisational Development	USD \$ 10,000 (both TAI: 01/07/2015 – 30/06/2016)	Average monthly maternal child health visits	208
Other USD	USD \$ 30,000 (includes scholarship fund)	Average monthly participation in nutrition program	54
Water & Sanitation Project	USD \$15,000	Average monthly participation in health education	814
This does not include capital building projects, nor the in-kind donations of goods and services.		Average monthly participation in mother support group	34
		Average monthly participation in health programs	1,716
		Number of farming families involved in crop development	70
		Number of Weaver Families	25
		Total Staff	
		Clinic (including education)	-paid staff 8
		Agriculture -	-paid staff 1
		Administration	-paid staff 4
		Security, Cleaner, Driver, Catering	-paid staff 4
		International Volunteers	16
		Volunteering Medical Student	1
		Volunteering Nurse & nursing student	2
		Local Volunteers	3

INDIVIDUAL DONORS		ORGANIZATIONAL DONORS
Sandra Jean Anderson	Daryl Mills	Bairo Pite Clinic, Dili, Timor-Leste
Sonia Anderson	Leah Nelson Moon	CAF – Charities Aid Foundation, UK
Mervyn & Vivienne Anderson	Nana Na	CER – Comunidade Edmund Rice, Dili, TL
Christopher Dureau & Christine Perkins	Mary Nelson	Clonard College, Geelong, AU
Alison Dyall	Viv Pinto	Darwin Memorial Uniting Church Op-Shop, Darwin, AU
Joy Eichhorn	Fr. Franz Pitzal	Days for Girls SA, AU
Alfred & Susan Henderson	RS Purdie	DIFAEM (German Institute for Medical Mission)
Pia Kranz & Holder Koetzle	Dietrich Rein & Pricilla Sinambela	Daylesford Swimming Club, AU
Methodius Kusumahadi	Rose & Guenter Schierle	Ecumenical Scholarship Fund, (Bread for the World)
Bronwyn Lin	Fr. Klaus Schreiter	Germany
Ellie Johnston & Jo Lin	Gwenth, Geoffrey & Alan Sharp “ <i>Joan Sharp Scholarship</i> ”	Frauen Kreis der Oswald Gemeinde Weilimdorf, Germany
Joanna Lin	Wendy Sheldon	Historical Vessel Vega
Elizabeth Lempp	Graham Thornicroft & Heidi Lempp	Kalamunda Uniting Church, AU
Gudrun, Karl, Jana & Simon Lempp	Sandra Tunley	Mayfield Baptist Church, AU
Christoph & Hanne-Rose Lempp	Barbara Vogt	Melville Uniting Church, AU
Greg & Sally Malcher	Margarete Vogt	Ministry of Health, RDTL
Chris Martin		Ministry of Justice, RDTL
<p><b>We are grateful for the support of many organizations and individuals.</b>  <b>We apologize if we have left anyone out.</b>  <b>Please let us know.</b></p>		NAZARETH Catholic Community, Adelaide, AU
		Pitt Street Uniting Church, AU
		Ross Memorial Uniting Church, AU
		Rotary Club of Bentley Curtin, WA, AU
		Rotary Club of Cockburn, WA, AU
		Rotar Club of West Torrens, SA, AU
		SETRA –Seattle East Timor Association, USA
		St. Johann Probstgemeinde, Bremen, Germany
		Swiss Embassy Jakarta
		Terrace Timor Network, Brisbane, AU

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Transform Aid International, AU  
 Uniting Church WCWA SYNOD, AU  
 Weikersheimer Weltladen, Germany  
 Williams Community Resource Centre, WA, AU

## STAFF LISTING

<b>FLD Administration</b>	Constantino Pinto/Brigida Freitas Guterres/Julieta Vicente.
<b>Clinic</b>	Anastasia Maria Guterres/Fernanda Matos da Silva/Saul Afonso da Silva/ Dirse da Silva Soares/Maria Lourdes de Freitas/Agusto Pinto/Augustinho Soares /Maria Auxiliadora/Madalena do Rego/ Joana da Silva Bosco/ Lidia da Costa Guterres/Imakulada da Silva.
<b>International Volunteers:</b>	Natalie Stonnill/Nicole Carey/Sara Ucci/Franco Ucci/ Rose Whitehead/Jonathan Lin/Ellie Johnston/Lenoie Steinmetz/Brian
<b>Volunteering Medical Student: International Evaluation Consultant: Local Volunteers for Clinic</b>	Kathleen Malcher Methodius Kusumahadi Jaime Pinto/ Lucrecia da Silva
<b>Agriculture Program: Local Volunteer for Agriculture Program:</b>	Carlos Baptista Alexandre da Costa/Armando Pereira/Berta da Silva/Geremias da Silva /Armando da Silva. Silveiro Freitas da Concericao/ Eurico Pereira/Maria Teotonia da Silva/Gabriela Salsinha/Nicodemus Maoruk/
<b>Training Centre for Vocational Mechanics and Peace Building</b>	
<b>Security, Cleaner &amp; Caterer:</b>	Lourenco da Costa/Aderito Freitas/Ana Rosalia Edelina da Silva.

## VISITORS 2015

FLD welcomed visitors/volunteers from: Franco Ucci, Rose Whitehead & Nazareth Catholic Community Adelaide, Clonard College Geelong (Australia), Dietrich Rein & Pricilla Sinambella from Berlin, Father Franz Pitzal and Father Klaus Schreiter from Renningen & Gera, Germany (who blessed the prayer-alter in the Maternity clinic), Leonie Steinmetz, Germany, Methodius Kusumahadi, Yogyakarta, Indonesia and Jo Lin & Ellie Johnston from Sydney (Australia).



### Further Donations can be made though international bank transfer to:

<b>Account Name:</b>	<b>Fundasaun Lafaek Diak</b>
<b>Address:</b>	<b>Becora, Dili, East Timor</b>
<b>Name of Bank</b>	<b>Bank Mandiri, Dili Branch, Timor Leste</b>
<b>Account No:</b>	<b>601-00-0014221-9</b>
<b>IBAN Number:</b>	<b>TL 38 0050 601-000014221 948</b>
<b>SWIFT Code:</b>	<b>BMRIIDJA</b>
<b>Correspondent Bank:</b>	<b>CHASUS 33 JP Morgan Chase Bank of New York</b>
<i>Should you experience difficulty in transferring funds, due to a possible confusion because Bank Mandiri in Dili TL uses an Indonesian SWIFT Code number but the IBAN number is for TIMOR-LESTE, please contact <a href="mailto:infolafaekdiak@gmail.com">infolafaekdiak@gmail.com</a></i>	

