

Fundação Lafaek Diak

2011 Annual Report



*Helping Each Other, We Come
Out of Difficulties.*

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Director: Constantino Pinto


*From Top to Bottom; Mobile Clinic Darasula, Health Education at
Local Triloka School, FLD facilitating Eye Testing in Triloka Health
Clinic, Planting Coconut Trees.*




ACCOMPLISHMENTS 2011


As we look back on 2011 we celebrate the expanded capacity and growth of the people themselves and the physical reach of the programs! This has only been possible through God's help and the many partners in our work.


TRILOKA HEALTH CLINIC	
<p>The Triloka Health Clinic and its Mobile Clinic services continue to be well used by the community. This year these services have averaged 68 patients per day. The clinic has seen continued development with the additional of the two returning nursing students, new medical equipment and staff uniforms. The Triloka Health Clinic has also received a very complimentary review by the Ministry of Health after they conducted an onsite inspection of the Clinic. This year has also seen staff training continue in both formal and non formal platforms.</p>	

	MATERNAL AND CHILD HEALTH <p>The Maternal and Child Health service continues to grow with the addition of new equipment. This equipment has included a portable Ultra-Sound machine and a Foetal Doppler. This equipment has proved to be very popular for expecting mothers, and is able to help midwives access the dangers associated with the pregnancy.</p>
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HEALTH EDUCATION <p>Health Education continues to be a priority for FLD, with many patients still coming to the Triloka Health Clinic with preventable diseases. The Triloka Health Clinic continues to give health education to patients in the waiting room of the clinic. It has also continued to give health education at the regular mobile clinics, which is now including health education posters which are left in the community buildings of the rural villages. This year has also seen FLD give health education to 4 local schools, where over 1000 students have been able to benefit from these sessions. This year we focused on Leprosy awareness since Triloka is the second highest of five pockets with high Leprosy rates in Timor-Leste.</p>	
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	<p>TRAINING CENTRE FOR VOCATIONAL MECHANICS AND PEACE BUILDING</p> <p>FLD has been able to establish its first vocational educational facility in Triloka. The mechanic workshop is being developed by a project team comprised of an AGEH Peace Volunteer and two young Timorese vocational educators. The mechanic workshop's main focus is on peace development in the community, offering a neutral area for youth to come together and work towards a common goal in building constructive ways of resolving conflicts within the community. The mechanic skills gained by the youth will assist in the repair and maintenance of agricultural machinery in the rural villages surrounding Triloka. 6 to 8 youth will be able to take part in the initial 6 month pilot project.</p>
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<p>WATER AND SANITATION WORK</p> <p>FLD is committed to developing the water and sanitation of the local community. This year saw the second water and sanitation facility built in Triloka with the help of St. Johan Catholic Parish of Bremen, Germany. This facility is located behind the establishing Mechanic Training Workshop and will be used by the students and the wider community. This facility has two toilets, room for traditional showering and a laundry area. The average cost of such a facility is approximately, USD \$3,500. This water facility models good sanitation and hygiene behaviours, which impacts fundamentally on community health.</p>	
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	<p>AGRICULTURE WORK</p> <p>Timor-Leste relies heavily on its agricultural sector, with many communities fully reliant on farming for their food. FLD has been able to implement both long-term and short-term agricultural practices in the Triloka community. This year FLD has been able to plant long-term crops such as coconut trees which will benefit the community in the years to come. FLD has again re-established the nutritional garden at the Triloka Health Clinic, which demonstrates to the community how to grow their own small produce for good nutrition. This work involves 75 farming families.</p>
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UNIVERSITY SCHOLARSHIP PROGRAM

This year two Nursing Scholarship students Fernanda and Maria graduate. These two young girls from Triloka Village spent three years in Yogyakarta completing their Nursing degrees. These Scholarships were provided by FLD with the support of two generous individual donors and the Uniting Church of Western Australia. After their graduation both girls have returned to Triloka to work at the Triloka Health Clinic to give back to the local community. On return they have been able to learn a lot of practical skills and gain experience with the help of the experienced FLD nursing staff.



This year has also seen the departure of two FLD staff members to undertake the second instalment of the University Scholarship Program. Anastasia (left) has departed to undertake a three year degree in Midwifery, and Lucrecia (right) is undertaking a three year degree in Laboratory Technician Studies, both in Indonesia. FLD and the Ministry of Health of Timor-Leste identified these areas of expertise as important for continued growth. After completion of their studies, both students will return to Timor-Leste to work at the Triloka Health Clinic. This will ensure that the whole community benefits from the University Scholarship Program.

SMALL BUSINESS EXPANSION

FLD continues to work closely with the war widow's weaving group in Home, Los Palos. FLD has been able to assist this group to further develop their product design and link with international markets. One of the most popular items is the wrist wraps made of traditional tais which continue to be popular with people of all ages. This item has been used in creative ways such as the admittance band for school dances, which is very popular with the students and also helping the development of rural Timor-Leste. Through this assistance 25 families are able to send their children and grandchildren to school, buy medicine and improve their living standards. The steady growth of this work is possible through Mr Armando (right), the local volunteer coordinator of this program.



PLANS FOR 2012

1	Expand Scholarship Program to include Pharmacy, Radiography, Midwifery, Medical Administration and Teaching.
2	Further Develop the Triloka Health Clinic. <ul style="list-style-type: none"> - Renovate the Clinic Building by Re-roofing and Re-Painting. - Building a dedicated Maternal and Infant Health Building. - Build a Security House and Re-wire the fence for the Triloka Campus. - Further Develop the Medical Laboratory at the Triloka Health Clinic. - Replace Clinic Car and further expand Mobile Clinic Program. - Further develop Clinic staff capacity through in-formal and formal training. - Identify volunteer doctor/nurse practitioner to further develop capacity of medical staff.
3	Further Develop the Training Centre for Mechanics and Peace and start the first training course.
4	Develop a water pipeline to Triloka Field. To give water access for the Training Centre and further Agriculture Programs.
5	Construct and operate a laundry/ sanitation building on third village site.
6	Further assist in the development of the women's weaving group in Home, specifically in marketing and promotion.
7	Further develop the administration capacity of FLD through training, office equipment and technology.
8	Further develop the agriculture program with training in rice planting as well as other local crops.

Financial Report (07/1/11 - 6/30/12)		Statistics	
Clinic and Nutrition (BWAA; does not include Doctor CFI)	USD\$63,849	Average monthly polyclinic and mobile clinic visits	1,370
Other USD	USD \$50,765	Average monthly maternal child health visits (post exp.)	129
This does not include capital building projects, nor the in-kind donations of goods and services.		Number of farmers involved in crop development	75
		Total Staff	
		Clinic (including education)	-paid staff 5
		Agriculture -	-paid staff 1
		Administration	-paid staff 5
		Security, Cleaner, Driver, Catering	-paid staff 6
		International Volunteers	5
		Local Volunteers	8

INDIVIDUAL DONORS		ORGANIZATIONAL DONORS
Sue Adams	Alan & Betty Mathews	AGEH, Germany
Sandra Anderson	Angelika Mattke	Australian Volunteers International
Sonia Anderson	Jeff & Susan Meyers	Bank of I.D.E.A.S., AU
Charlie & Mikaela Beckley	Greg Miller	Baptist World Aid Australia - BWAA
Renate Braun	Daryl Mills	Christliche Fachkraefte International, Germany
Pam Dawe	Leah & Dan Moon	Charity Aids Foundation, UK
Alison Dyll	Sarah Mumme	DIFAEM (German Institute for Medical Mission)
Barbara Dyll	Jon & Juni Nelson	ECOPAC, AU
Joy Eichhorn	Mary Nelson	Foothills, St. Martins Uniting Church, AU
Jill Forsyth	June Norman	FrauenKreis der Evangelischen Kirche Weilimdorf, Germany
Frau Gemachlin	Angelika Reiter	GIZ
SB & RB Govaki	Cynthia Richards	Kalamunda Uniting Church, AU
Geoffery & Geraldine	Jeanette Richards	Kardinya Uniting Church, AU
Harris	Dave Rickards	Kwinana Faith Community, AU
Joel Hawksworth	Kerry Rickards	Mayfield Baptist Church, AU
Rosemary Hudson-Miller	Marnie Rickards	Melville Uniting Church, AU
Ellie Johnston, Jo Lin,	Wendy Sheldon	Ministry of Health, RDTL
Joanna Lin & Bronwyn	Julie Souness	Ministry of Justice, RDTL
Lin	Debra & David	PALMS volunteers, AU
Erika Keane	Thompson	Pitt Street Uniting Church, AU
	Heidi & Graham	Rotary Club Booragoon, AU

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Peter Kenyon Hilde Koenig Elizabeth & Walter Lempp	Thornicroft Sandra Tunley John & Jacky Tuffin Sheila Walkerden	Rotary Club Cockburn, AU Rotary, Melbourne, AU Star Street Uniting Church, AU St. Johann Catholic Parish, Bremen, Germany St. John of God's Hospital, AU Somerville Foundation, AU Tabitha Trust UCWA, AU UCA WA SYNOD, AU.
We are grateful for the help and support of many organizations and individuals. We apologize if we have left anyone out. Please let us know.		

STAFF LISTING	
FLD Administration	Constantino Pinto/Lino Pereira/Zelia Ximenes Vital/Brigida Freitas Guterres/Senhorina da Costa Correia.
Clinic	Anita Rufina Freitas/Anastacia M. Guterres/Maia da Costa Tilman/Nusrat Emmanuel/Mariano do Roserio da Silva/ Emelita da Silva/Maria do Rosario de Fatima Pinto/Fernanda Matos da Silva.
International Volunteers	Dr. Christian Scip/Julie Souness/Sue Adams/Manfred Diehl/Heath Thompson
Local Volunteers for Clinic	Agrifina de Carvalho Baptista/Maria Idalina da Costa Tilman/Dirse da Silva Soares/ Lucrecia da Silva.
Agriculture Program	Carlos Baptista.
Local Volunteer for Agriculture Program:	Alexandre da Costa/Armando Pereira/Berta da Silva/Geremias da Silva/Germano da Silva/PedroPereira de Oliveria.
Training Centre for Vocational Mechanics and Peace Building	Xisto do Rosario/Silveiro Freitas da Concericao.
Security, Cleaner, Driver & Catering:	Lourenco da Costa/ Victorino M. Boavida /Aderito Freitas/Jose Maria da Costa/ Nelson do Rosario C/Rosalia Edelina da Silva.

Further Donations can be made though international bank transfer to:	
Account Name:	Fundasaun Lafaek Diak
Address:	Becora, Dili, East Timor
Name of Bank	Bank Mandiri, Dili Branch, Timor Leste
Account No:	601-00-0014221-9
Swift Code:	BEIIDJA
Correspondent Bank:	CHASUS 33 JP Morgan Chase Bank of New York