



Fundação Lafaek Diak

2010 Annual Report



Helping Each Other, We Come Out of Difficulties

Pictures T to B Visit from the German Embassy, Child and Maternal Health, Mobile Clinic, Women's gardening group, Tools for Tool Library, Home Village Tais weavers

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ACCOMPLISHMENTS 2010


As we look back on 2010 we celebrate the expanded capacity and growth of the people themselves and the physical reach of the programs! This has only been possible through God's help and the many partners in our work.

HEALTH CLINIC EXPANSION	
The health clinic is busier than ever with a 10% increase in patient visits. In April the mobile clinic expanded to now serve four villages and this increased the monthly average patient visits from 32 to 200.	

	MATERNAL AND CHILD HEALTH
	The maternal and child health program expanded community based services to include immunizations, family planning and birthing assistance services both at the clinic and at home. The total monthly maternal and child health care visits increased from an average of 57 to 149 a month (this is an increase of 250 % !).

	DOCTOR'S HOUSE
	The doctor's house was renovated by the Cockburn Rotary club and members of the West Australian Uniting Church Synod. They replaced an asbestos roof with a water tight metal roof and new ceiling and repainted the place inside and out. The asbestos removal helped address a public health issue of asbestos, formerly a commonly used material (during the Indonesian occupation period). The group also donated the equipment they brought for local community use.

WATER AND SANITATION WORK Clean water and decent sanitation is required for a healthy community. With the help of St. Johann parish (Germany) the first phase of a three year plan was completed building a model laundry and toilet facility at the Triloka site. The constant use of the new facility proves the necessity to build such facilities in two additional villages. Donors from Bendigo, Australia enabled the installation of a water tank and basin on the child and maternal health rooms allowing for convenient hand-washing between procedures.	
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	AGRICULTURE WORK
	We continue to work with over 75 farmers and through donations have purchased a water tank enabling watering crops in the dry season. We developed a Triloka women's agricultural group, providing seeds, land and transport of water when needed. They planted 130 banana trees (6 varieties for various nutritional needs). This enables income generation as women sell their produce in the Baucau market.



TOOLS AND CONTAINERS

Donations of electrical, building and gardening tools by the Uniting Church in Western Australia, Rotary and GTZ helped start a tool lending program to be housed in two donated shipping containers. A Civil Peace worker starting mid 2011 will help develop and train for an ongoing youth machinery repair apprenticeship and tool lending program – a long hoped for effort.

NURSING SCHOLARSHIPS

Two local young women are now in the final third year of their nursing training in Indonesia, thanks to scholarships through the UCWA. The women are committed to come back and work in the Triloka clinic in 2011. Scholarship assistance of all kinds is an important way to build FLD’s local capacity to sustain the efforts. We hope to dramatically expand the number and kinds of scholarship opportunities for local youth and FLD staff. Assistance is needed to make this possible.



SMALL BUSINESS EXPANSION

The war widows’ weaving group continues in strength. More outside groups visited their remote village and saw the traditional weaving process and bought locally-made tais products. Wrist wraps have become a popular item. The reinvestment of their income have improved the village and paid for schooling of their children.



PLANS FOR 2011

1	Expand scholarship program to include lab technician, pharmacist, nurse-midwife and teacher training.
2	Train and enhance of existing staff for more effective organization and management.
3	Develop and implement agricultural machinery repair and utilization training program for rural youth.
4	Construct a dedicated child & maternal health building on the Triloka site to expand the program.
5	Construct and operate a laundry/sanitation building on second village site.
6	Upgrade Triloka campus, including repairing, re-roofing, repainting and building a security house, and seeking reliable electricity.
7	Create system for efficiently watering crops in the fields.
8	Develop farmers animal bank by purchasing sheep, goats and buffalos.
9	Replace vehicle for mobile clinic and expand to two villages.
10	Identify volunteer doctor/nurse practitioner to further develop capacity of medical staff.

Financial Report (07/1/10 - 6/30/11)		Statistics	
Clinic and Nutrition	USD \$59,230	Average monthly polyclinic visits	1,378
(BWAA; does not include Doctor CFI)		Average monthly maternal child health visits (post exp.)	200
Other USD	USD \$15,340	Number of farmers involved in crop development	75
This does not include capital building projects, nor the in-kind donations of goods and services.		Total Staff	
		Clinic (including education)	-paid staff 4
		Agriculture -	-paid staff 5
		Administration	-paid staff 4
		Security, Cleaner, Driver, Catering	-paid staff 4
		International Volunteers	2
		Local Volunteers	4

INDIVIDUAL DONORS		ORGANIZATIONAL DONORS
Helen Abbott	Jo Lin	Australian Institute of International Affairs
Ishita Acheryga	Mack McCormack	Australian Volunteers International
Sandra Anderson	Jeff & Susan Meyers	Bank of I.D.E.A.S., AU
Sonia Anderson	Greg Miller	Baptist World Aid Australia - BWAA
Charlie Beckley	Leah & Dan Moon	Coffs Harbour Uniting Church
Michael & Judy Coultas	Sarah Mumme	Christliche Fachkraefte International, Germany
Pam Dawe	Jon & Juni Nelson	Charity Aids Foundation, UK
Alison Dyall	Mary Nelson	Dianella Uniting Church
Joy Eichhorn	June Norman	DIFAEM (German Institute for Medical Mission)
Jill Forsyth	Fiona Peacock	FrauenKreis der Evangelischen Kirche Weilimdorf, Germany
Danielle Forbes	David Price	GTZ
Mikaela Harris	Cynthia Richards	International Red Cross
Rosemary Hudson-	Jeanette Richards	Intrepid Travel
Miller	Wendy Sheldon	Kalamunda Uniting Church
Ellie Johnsten	Heidi & Graham	Mayfield Baptist Church, AU
Erika Keane	Thornicroft	Melville Uniting Church
Peter Kenyon	Sandra Tunley	Ministry of Health, RD/TL
D Kimpton	John & Jacky Tuffin	Ministry of Justice, RD/TL
Hilde Koenig	Sheila Walkerden	Oxfam Australia
Elizabeth & Walter	Hildegard Wanko	Pitt Street Uniting Church, AU
Lempp		Rotary Club Booragoon, AU
<p>We are grateful for the help and support of many organizations and individuals.</p> <p>We apologize if we have left anyone out.</p> <p>Please let us know.</p>		Rotary Club Cockburn, AU
		Rotary, Melbourne, AU
		Sacred Heart Collage Alice Springs
		Star Street Uniting Church
		St. Johann Catholic Parish, Bremen, Germany
		Tabitha Trust UCWA, AU
		UCA WA SYNOD, AU.

STAFF LISTING	
FLD Administration	Constantino Pinto/Lino Pereira/Zelia Ximenes Vital/Brigida Freitas Guterres.
Clinic	Anita Rufina Freitas/Anastacia M. Guterres/Maia da Costa Tilman/Mariano do Roserio da Silva
International Volunteers	Dr. Christian Seip/Julie Souness.
Local Volunteers for Clinic	Maria A. da Silva/Emelita da Silva/Agrifina de Carvalho Baptista/Maria Idalina da Costa Tilman.
Agriculture Program	Carlos Baptista/Bernardo Manuel.
Local Volunteer for Agriculture Program:	Alexandre da Costa/Armando Pereira/Geremias da Silva/Germano da Silva/Pedro P. de Oliveira/Joanico da Costa Tilman/Aderito Fretias/Jose Maria da Costa.
Security, Cleaner, Driver & Catering:	Lourenco Pinto/Lourenco da Costa/ Victorino M. Boavida /Nelson do Rosario C./Monica da Silva/Rosalia Edalina da Silva.

Further Donations can be made though international bank transfer to:	
Account Name:	Fundasaun Lafack Diak
Address:	Becora, Dili, East Timor
Name of Bank	Bank Mandiri, Dili Branch, Timor Leste
Account No:	601-00-0014221-9
Swift Code:	BEIIDJA
Correspondent Bank:	CHASUS 33 JP Morgan Chase Bank of New York