



Lafaek Diak Update

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Dear friends and supporters,

In late February this year, Timor-Leste hosted the “G7+” conference, being one of the 16 most fragile states in the world, gathering to discuss what these nations could present as indicators to the United Nations as a “Dili Consensus” on how they could influence the *Millenium Development Goals* looking at post-2015. The conference was entitled “*Development for all. Stop conflict, build states and eliminate poverty*”. As a result, the Dili Consensus stated ‘Asia’s development experience has shown us that we can turn potential tragedy into inspirational progress. With the right policies, investments and global collective action on challenges beyond our control, we have the potential to build peaceful, vibrant, just, resilient, inclusive and sustainable economies and societies’*. The group also recognised the role of the Millenium Development Goals (MDGs) as an important part of this process but described their failure to take into account the long term effects of conflict and insecurity on states, which contribute to lack of achievement in target areas.

Mechanic workshop:

As an update from the last FLD Update, on 5 January 2013, FLD received official registration for its Mechanic Training Centre “*Centro Treino da Paz*” from the *Secretariado ba Politika Formasaun Profesional e Embrego* (SEPFPOE – Secretariat for Policy of Vocational Training under the Ministry of Labour). FLD continues to work on developing this work and is hoping to gain accreditation for its training program sometime in the future. The first group of young people in training began in October 2012 and consists of 5 men and 8 women.



FLD would also like to congratulate three of our staff members at the Mechanic Training Centre “*Centre Treino da Paz*”, on their recent graduation. Paulo Fransico Simões and Silvero Freitas da Conceição received a Certificate III in Training and Assessment. Atanasio Jose Belo received a National Certificate in Training. All received their certificates from the Secretariat for Professional Training of the Timor-Leste government (SEPFPOE) on Monday 29th April 2013 in Dili. This gives them official national recognition to be able to give training for Certificate I & II, a good milestone on the

journey towards accreditation.

Small business development:

One of the women’s groups FLD supports for in-come generation activity, consisting of thirteen women from a small nearby village, Bucoli, received four electric sewing machines. These sewing machines donated through FLD from friends in Australia, have been used by the women to improve their business by now expanding in creating uniforms, primarily for school children. One of their first jobs was to make the uniforms for a local school, Bucoli



Catholic Primary School, numbering 313 uniforms for purchase by local parents whose children attend this school. They have also produced uniforms for several other schools in the district and will soon receive an order from pre-primary school in Manatutu. The women expressed their happiness at being able to provide for their family through starting a business together. They were also pleased with their newly donated sewing machines which have helped them achieve this goal.

(Picture: School children from Bucoli Catholic Primary School proudly wearing their new uniforms made by the group of thirteen seamstresses in Bucoli)

Visitors



FLD was honoured with a visit from the German Ambassador from the Embassy in Jakarta and his colleagues on 22 February 2013. The German Ambassador, Mr Georg Witschel, showed much interest in the works of FLD and staff were pleased to answer questions about the services provided to the community. In particular he appreciated seeing the medicines that are supplied by DIFAEM – the *German Institute for Medical Mission*, who have been supporting the work of Triloka clinic with provision of most medicines since its beginning in

2005 (photo above).

FLD was lucky enough to have the expertise of an Australian doctor, Dr Greg Malcher, and his wife, Sally Malcher, between 29 April and 10 May 2013. During this time there was much collaboration between our international Nurse Trainer, Damian Rake and Dr Malcher as they saw a range of ailments at Triloka Clinic. It was wonderful having them visit us and we sincerely hope they will do so again!



Nutritional Demonstration cooking:



Dirse da Silva Soares, continues to enjoy her new role as the co-ordinator of the Health Education Team at FLD. Dirse and Sally Malcher (a visitor from Australia) conducted a session making 'Ready to Use Therapeutic Food', a recipe for a paste to stop malnutrition in young children created from local products, such as peanuts, oil, milk powder and sugar. Mothers enjoyed the simplicity of making the paste and the children enjoyed eating it as it is rather sweet! With reports suggesting fifty per cent of children in Timor-Leste suffer from malnutrition this paste is an important resource

for mothers and children to learn.

Dirse and Sally, above, show mothers how to make 'Ready to Use Therapeutic Food' to help stop malnutrition in young children, which the clinic staff now use to give to malnourished children as treatment.

Maternity and Infant Health Building:

We reported in the last FLD Update that a generous donation by Nazareth in Adelaide in conjunction with a grant from ECTAS (AUSAID), FLD was able to begin their Maternal and Infant Health unit. Works on the building began in January this year. FLD is proud to report that the buildings progress is coming along quickly with every hope it will be ready before the end of the year! The picture on the left is from mid May 2013 and the roof is already up on the building. This is a very exciting

development for FLD and for the women and children of the community. Another big thank you to Nazareth and ETCAS for their input in to making this happen!



Left: Maternal and Infant Health building as at 13 May 2013;
Right: The roof goes on as at 24 May 2013. Progress is being made very quickly!

Global Tuberculosis Day:

In March 2013, the FLD staff celebrated Tuberculosis Day at Triloka Clinic. While patients were waiting for consultation, our Community Education Officer began the session by showing a short



video in Tetun showing a young man who has TB going about his daily business and the effects his undiagnosed TB has on him and those around him. Our Community Education Officer also ran several workshops to various groups in a similar fashion, highlighting the importance of early diagnosis, prevention and treatment of TB. As part of these sessions students and patients were shown the correct way to cover your mouth when you cough and sneeze to avoid spreading germs to others. On the left, Nurse Apolinario, teaches young people about tuberculosis at a local school.

Scholarship Fund: In the last few months, FLD has received a donation towards a scholarship in memory of Joan Sharp, a dedicated nurse from Australia. Joan's family and friends wanted to honour her nursing achievements with a scholarship aimed at providing a young East Timorese person with the opportunity to attend university in Indonesia this year. Ana Josefa Ximenes, from Afaloicai in the sub-district of Baguia, will begin her studies in a three year Diploma of Midwifery starting in September. FLD is very excited to have Ana start her midwifery journey as midwives are desperately needed throughout East Timor. Once again, we thank these donors for their generous contribution to helping ensure women and infants get the care they deserve and providing Ana Josefa with the opportunity to realise her dream of helping women in Timor-Leste. FLD is in the selection process for the second scholarship candidate for nursing, which is provided by a group of friends and parishes in the Uniting Church of Western Australia, and we hope to present a picture of both candidates in the next Update.

Staff news: During this time, FLD has added several local staff and volunteers to its ranks. We welcome back Senhõr Gregorio Lobo as a member of the senior administration team at FLD (right).



FLD would also like to welcome Rebecca Blundell (left), a PALMS volunteer, who begins her work as the Organisational Development Officer over the next two years.

Lafaek Diak wishes to express sincere gratitude to all friends and partners, both individual and institutional, for supporting community development in rural East Timor through partnering with Lafaek Diak.

How to get involved?

- Volunteer doctors and midwives are always welcome at FLD
- Donations

Donations can be made through international bank transfer to:	
Account Name:	Fundação Lafaek Diak
Address:	Becora, Dili, East Timor
Name of Bank :	Bank Mandiri, Dili Branch, Timor Leste
Account No:	601-00-0014221-9
Swift Code:	BMRIIDJA
Correspondent Bank:	CHASUS 33 JP Morgan Chase Bank of New York

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