



# FUNDAÇÃO LAFÆK I UPDATE

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## ***Dear friends and supporters of Lafaek Diak,***

It has been a busy couple of months here at *Lafaek Diak* with new partnerships, new buildings and new programs for the communities in Triloka. In the coming months FLD will establish a mobile clinic to provide health care for hard to reach communities in the Baucau district. This will be an exciting development and a much needed service for communities isolated from public services in Baucau.

The situation in the country has returned to a sense of calm after the civil unrest in February. The United Nations Mission has commended the country's institutions and authorities for the way the situation was handled and their efforts to maintain peace.

In Triloka, farmers are beginning to prepare land before the wet season in November-December. Here's to hoping the rains arrive on time!



**(Expansion of the Community Clinic)**

### **Wat/San in Triloka**

In June, Triloka was visited by Allan Toole, a Wat/San specialist to conduct an assessment on the water and sanitation situation in the area. Allan spent a week in the community identifying water sources, areas of concern, infrastructure that exists and developing ideas for creating access to water for Triloka and Ostico.



**(The Tipy-tap demonstration)**

Allan also demonstrated at the clinic low-cost effective solutions to improve water and sanitation including the Tipy-Tap model. A community meeting was held in the Triloka Clinic to demonstrate hand washing using a Tipy-Tap and the reasons behind the need to hand wash. FLD hopes to devise a cost-effective plan to utilize the water springs in Triloka and Ostico to improve access for the community so that they do not need to carry water long distances.

### **Expansion of Community Clinic and New Office for FLD**

In February this year FLD applied for a grant to expand the community clinic and to house office space for the organization in Triloka. The grant, which was approved in July, is being financed under the *Australian Government's East Timor Community Assistance Scheme*. After many

hours of consultation and negotiations with the local community, building has commenced and is progressing well.



The new building will provide a community health library, a laboratory and overnight accommodation for patients traveling long distances to visit the clinic. The building will also establish office space and a permanent presence for *Lafaek Diak* in the community of Triloka, an opportunity few local NGOs have in Timor Leste. FLD staff will be busy writing proposals for medical equipment, medical resources and office furniture for the new building in coming months.

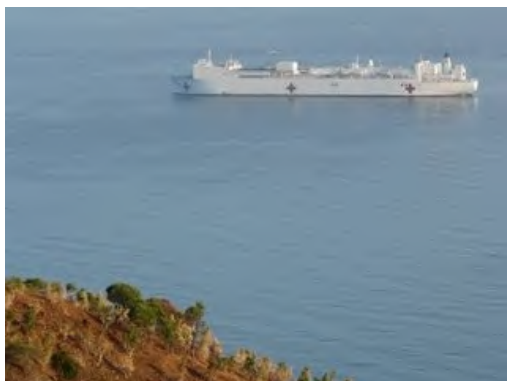
### **Alternative Schoolies in Timor Leste**

In late November this year, the Triloka community will host a team of newly graduated high school students from Kalamunda, Western Australia, who will spend 10 days working with Triloka youth on various community building projects. FLD staff have been busy assessing appropriate projects and working with both communities preparing for the event. Schoolies is the celebration at the end of final year studies, where hundreds of young people descend upon coastal cities in Australia, usually in over-inebriated merriment! The Kalamunda community is offering students the opportunity to celebrate in Timor Leste instead, by contributing to lasting projects for international development. The week will provide an excellent opportunity to develop relationships between the young people of both communities and to exchange learnings. The event is being supported by Youth Action Kalamunda and Rotary Club Kalamunda.

### **Community Health in Triloka**

Doctor Seip has returned from leave in Germany and is again tending to a busy clinic in Triloka. FLD is indebted to staff from the Bairo Pite clinic in Dili who gave their time to assist while the doctor was away. It is hoped this relationship will develop through shared approaches to community health and understandings by both clinics.

In July, the U.S. Navy Mercy Ship berthed on the shores of East Timor to perform surgeries and offer first class medical care to needy patients across the country.



**(Dr. Aida from Bairo Pite clinic working at Triloka)**

FLD responded to a call from Bairo Pite clinic in Dili, to assist the transportation of several patients onto the ship in the nation's capital. The Mercy ship made the visit to East Timor to perform a range of basic to complex surgeries such as cleft palates and cancer tumors and was a rare opportunity for several patients in Triloka.

In August staff and volunteers prepared a visual display in the waiting room of the clinic to educate on the transmission of worms through poor sanitation. The materials were bought from the Mary McKillop foundation and have led to discussions and questions from interested patients.

### **Mobile Health Clinic**

At the request of the Ministry of Health of the Democratic Republic of Timor Leste FLD will soon commence a mobile health clinic to provide primary health care for hard to reach communities in the Baucau region. The organization has sourced a suitable vehicle from Dili and is eagerly awaiting its refurbishment and service.

In the meantime, planning is underway to assess which communities to visit and which staff will operate the clinic. A schedule has been agreed upon to begin the visits to the far off communities in collaboration with Dr. Aida from Bairo Pite Clinic, who has a lot of experience in running mobile clinics and are keen to assist FLD develop this new program.

### **Agricultural program**

FLD's Buffalo Bank has been put on hold while the new building is developed and organized. It is hoped the beginnings of a buffalo pen will be established by the community in November.

### **New Staff**

In July, FLD was joined by two additional international volunteers to assist with health program and capacity development for 12 months. Mikaela, a nurse and anthropologist, will be assisting



the development of community health programs and the rollout of the mobile clinic. Charlie has a background in Community Development and is currently assisting with the management of the new building and finances. The pair have been brought to Timor Leste through the Australian Youth Ambassadors for Development program and are throwing themselves into learning the language and meeting the community.

Shaila, the Australian Volunteer has moved on, after 5 months with FLD, to a new job with the United Nations in East Timor. In the coming months FLD is hoping to hire an enthusiastic health worker from the community to assist with health promotion and education programs in Triloka.

### **Calendars, calendars, calendars ...**

Thanks to friends in Perth, WA, and the Uniting Church Synod of Western Australia the first community calendar for Lafaek Diak in 2008 was produced. Through combined efforts of friends in many places this raised USD \$ 7,720 for the work of FLD. The encouragement this generous effort has provided to staff in East Timor is greatly appreciated.



**Community Calendar 2009** is now available from the Uniting Church West Australian Synod Office. Please contact Marg Staffa at: [Marg.Staffa@wa.uca.org.au](mailto:Marg.Staffa@wa.uca.org.au) for your multiple copies. You can support the work of community development in East Timor by helping to sell these calendars in your community.

### **Gifts from East Timor ... Christmas and beyond**

A new electronic catalogue displaying a range of gifts of hand made Timorese products is available from Inge Lempp at: [ributil@gmx.de](mailto:ributil@gmx.de) Support women's development by giving a gift from East Timor.

Lafaek Diak wishes to express gratitude to all friends and partners, both individual and institutional, for supporting community development in East Timor through partnering with Lafaek Diak.

The work of Fundasaun Lafaek Diak is made possible through partnerships with: AusAid Women's Leadership and Development Grant (2007); Australian Government's East Timor Community Assistance Scheme through AusAid (2008), Australian Youth Ambassadors for Development (2008), Baptist World Aid Australia (2006 ongoing), Bede Polding College Windsor, NSW(2006); the Bush Regeneration Group Lane Cove Sydney (ongoing); Christliche Fachkräfte International Germany (2005 ongoing); Deutsch-Osttimor Gesellschaft (DOTG) Germany (2005 ongoing); DIFAEM (2006 ongoing); Seattle-East Timor Relief Association (SETRA) US (2008); the German Embassy Jakarta (2006); Hilfe für Brüder Germany (2006, 2007); Melville Uniting Church, WA (2004 ongoing), Misereor , Germany (2008), Mount Olivet Lutheran Church, MN, USA (2007, 2008); the National Council of Churches Australia (2006 ongoing); Oekumenischer Arbeitskreis Eine Welt Filderstadt e.V. – Eine Welt Laden (2007); Pitt Street Uniting Church, Sydney (2006 ongoing); Rotary Melbourne (2006 ongoing); Rotary in Western Australia, Booragoon (2007) and Victoria Park, Sommerville Darwin Australia (2006); St. Johann Catholic Parish, Bremen, Germany (2008), Trinity Lutheran Church Lancaster, PA, USA (2006 & 2008); Uniting Church Synod, WA (2005 ongoing); and many friends and supporters around the world.



### **Further Donations can be made through international bank transfer to:**

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**Name of Bank:** Bank Mandiri  
Dili Branch  
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**Account No.:** 601-00-0014221-9  
**Swift Code:** BEIIDJA  
**Correspondent Bank:** CHASUS 33 JP Morgan Chase Bank of New York

