

ANNUAL REPORT 2018

# Fundação Lafaek Diak



*Helping  
Each Other*

-  
*We Come  
out of  
Difficulty*

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## ACCOMPLISHMENTS 2018

*This is what we are about: We plant the seeds that one day will grow. We water seeds already planted, knowing that they hold future promise. [Oscar Romero]*

Seeds of *Fundasaun Lafaek Diak's* work have germinated and grown. They have been well looked after with much love and effort from many hands. In this report we share examples of these seedlings and plants from 2018. The need for continued care is evident. We look forward to watch them thrive and hopefully bear fruit. Sincere thanks to everyone who takes part in this work and to God who blesses it.

### TRILOKA HEALTH CLINIC - MOBILE CLINICS - MATERNAL AND CHILD HEALTH – HEALTH EDUCATION



FLD continued its work in all the various areas, beginning with daily clinic consultations, regular mobile clinic visits, home- and maternity birth assistance, pre- and post natal care, immunization, mother & child program, access to medicines and health education. Although there are still isolated Scabies cases, FLD has successfully treated and contained the epidemic occurrence in the last three years.



### New vehicle for Mobile Clinics



The mobile clinic program further expanded this year reaching a total of 19 remote villages per month. A generous donation of a new mobile clinic vehicle makes offering quality health care to these distant communities possible.



**Renewed accreditation of health programs**

After successfully passing the inspection by the RDTL Ministry of Health, FLD was granted further accreditation for all of its health programs for the next three years.



**Capacity Building – Staff Development**



FLD Midwives Anastasia and Ana Josefa took advantage of the visit of Dr. Silvia Huebner, an experienced internist from Germany. Together they enhanced their ultra sound skills, appreciating the opportunity to be able to ask questions and received qualified feedback.



Volunteer Simone Pitzal and health education coordinator Dirse da Silva conducted a small pilot research project asking about patient satisfaction regarding the quality and outcome of FLD pre- and post natal and birthing program. The consulted women stated that they chose to give birth at FLD maternity clinic because it is clean, peaceful and also closer to their home villages.



Planning the future – Gener Lapida, Tanya Esden, Jo Lin and Ellie Johnsten facilitated a process with the FLD team of internal review of the health programs conducted so far, looking at lessons learned and the current context and needs which led into plans for the next three (2019-2022).

**Visits in Germany**



During his visit to Germany, FLD Director Constantino Pinto met with three longterm supporting organisations: with the Director and Program Coordinator of DIFAEM (the *German Institute of Medical Mission* - left); with the Director of the *Renninger Krippe* (middle) and with the country desk officer of the *Kindermision/Carol Singers* (right). It was a good opportunity to express FLD's gratitude and explore further collaboration.

### Building Weaver's Meeting & Show Room in *Home* village



In *Home* village the community built a meeting and show room for the weavers cooperative, which has been a long dream of the women. A grant of the Swiss Embassy funded the building materials, the community offered their sweat equity and FLD functioned as the connector, including overseeing the construction process. Swiss Ambassador Yvonne Baumann came to celebrate the completion. The purpose of the centre is for the weavers to have a place to meet and exchange knowledge and skills, teach and learn different weaving patterns, and also as a show room for product sales.



### University Scholarship Program



Scholarship recipient **Augusta Piedade da Silva** completed her 7th semester in 2018 at *Sekolah Tinggi Kesehatan STIKES YAKKUM CD-Bethesda University* in Yogyakarta, Indonesia. She plans to finish her Diploma in nursing in 2019 in order to return to Timor Leste to give back to the community using her newly gained skills.

### Building Triloka's 2<sup>nd</sup> Playground



The smiles in the faces above speak volumes! FLD together with *Nazareth Outreach Work* volunteers from *Adelaide, Australia*, built a second playground at *Waimanuboe* village in collaboration with the community.

### Remote Areas Community Hotspot for Education and Learning (RACHEL-Pi)



Rachel Pi includes: educational content, Wikipedia for schools, Hesperian health guides and much more. Three volunteers from Adelaide installed and trained teachers and students in 8 FLD-partner schools and Triloka clinic, making possible access to educational and health resources in remote areas.

### Working with and through schools



FLD works at sowing seeds for change in communities using schools as the entry point. Often mobile clinics are held at local schools in remote villages. Helping to create positive environments for learning includes physical improvement, assisting to offer access to educational materials and information, building relationships and good communication, creativity, culture, dance, sports, games and play, as well as cross-cultural encounters and friendships. Mutual appreciation and shared joy boost self confidence and create building blocks of good memories and resilience. In partnership with *Nazareth Outreach Work* volunteers from *Adelaide, Australia* FLD visited six such remote schools in 2018.



## Children sing for children



The Carol Singers (*Sternsinger*) are children in Germany who go door to door around 6 January, sing songs and bless the homes for the new year, in remembrance of the three wisemen, and gather donations for projects around the world. They support a large part of FLD's health programs, especially focusing on children and their caregivers. Lisa shares her own experience as a former carol singer with children in Timor Leste.

## FINANCIAL REPORT & STATISTICS 2018

### Financial Report (1/1/18 - 31/12/18)

Health Programs & Clinic USD \$ 66,100  
(Die Sternsinger/KMW: 01/07/2018 – 30/06/2019)

Other USD USD \$ 37,000  
(includes individual donor contribution towards multi-year health programs & clinic through mid 2022)

Capital Building Projects 2018  
(Funds for Weavers Meeting & Show room from Swiss Embassy in Jakarta accounted for in 2017 Annual Report)

*This does not include in-kind donations of goods and services.*

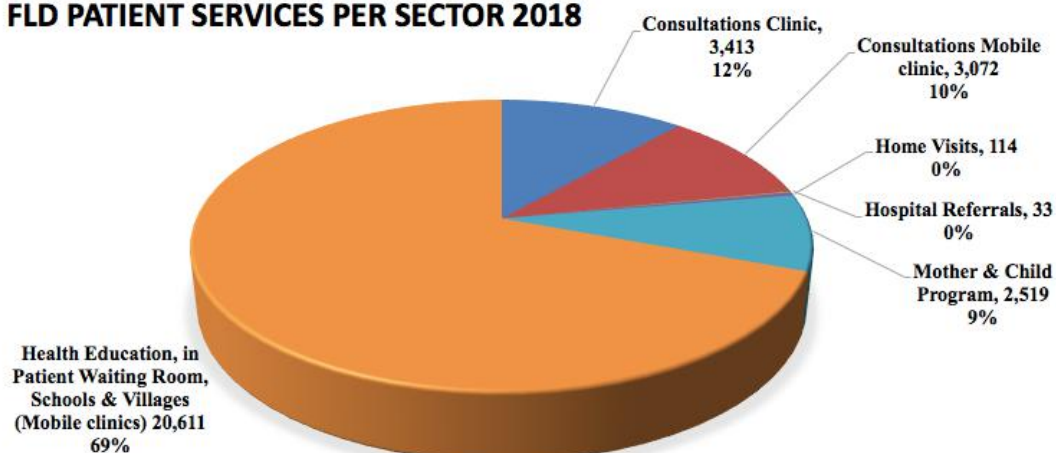
### Statistics

Average monthly polyclinic and mobile clinic visits	540
Average monthly maternal child health visits	210
Average monthly participation in health education	1,718
Average monthly participation in health programs	2,480
Number of farming families involved in crop development	35
Number of Weaver Families	25

### Total Staff

Clinic (including education)	-paid staff	12
Agriculture	-paid staff	1
Administration	-paid staff	4
Security, Cleaner, Driver	-paid staff	3
International Volunteers		53
Volunteer Medical Doctors		2

## FLD PATIENT SERVICES PER SECTOR 2018



INDIVIDUAL DONORS		ORGANIZATIONAL DONORS
Sandra Jean Anderson	Lily & Jo Mogan	CER – Comunidade Edmund Rice, Dili, TL
Sonia Anderson	Leah Nelson Moon	Clonard College, Geelong, AU
Bernhard & Magdalene Balle	Analisa, Tjie Bin & Bimo Na	Daylesford Swimming Club & Surgery, AU
Mikaela & Charlie Beckley	Marlys Nelson	“Die Sternsinger” – Kindermissionswerk, Aachen, Germany
Janice & Keith Brudevold	Gerald & Kay Nelson	DIFAEM (German Institute for Medical Mission)
Anna & Tobias Diekmeyer	Juni Nelson	Diocese of Baucau, Bishop Dom Basilio do Nascimento, TL
Alison Dyall	Dr. Mary Nelson	Frauenkreis der Evangelischen Oswald & Wolfbusch Gemeinde Weilimdorf, Germany
Joy Eichhorn	Fr. Franz Pitzal	Mayfield Baptist Church, Newcastle, AU
Jon Engstrom	Simone Pitzal	Melville Uniting Church, AU
Patrick Gauci	Robert & Joan Pope	Ministry of Health, RDTL
Karin Harridge	Dr. Andrew & Dr. Kirstin Pratt	Ministry of Justice, RDTL
Alfred Henderson	Dr. Greg Stewart	Nazareth Catholic Community, Adelaide, AU
Johanna Kuehn	Carolyn Straub	Parliament of the World’s Religions, Chicago, USA
Bronwyn Lin	Anne & Franco Ucci	Pitt Street Uniting Church, Sydney, Australia
Ellie Johnston & Jo Lin	Sara Ucci	Rotary Club of Bentley-Curtin, WA,AU
Joana Lin	Barbara Vogt	Rotary Club of West Torrens, SA, AU
Elizabeth Lempp	Constance & Arne Walker	Rotary Margaret River, WA, AU
Britt Lundgren	Jay Youngdahl	SETRA –Seattle East Timor Association, USA
Kaanaeli Makundi		Springs Medical Clinic, Daylesford, AU
Dr. Greg & Sally Malcher		St. Augustine Uniting Church, Bunbury, WA
Berit Massman		St. Bonifazius Catholic Church, Renningen Germany
		Swiss Embassy in Jakarta, Indonesia
		Terrace Timor Network, Brisbane, AU
		Uniting Church WA Synod, AU
		Weikersheimer Weltladen, Germany
<p>We are grateful for the support of many organizations and individuals. We apologize if we have left anyone out. Please let us know.</p>		

STAFF LISTING	
<b>FLD Administration:</b>	Constantino Pinto/Brigida Freitas Guterres/Dirse da Silva/Lucrecia da Silva/Gregorio Lobo Pinto
<b>Clinic:</b>	Dr. Evangelino Roque Soares /Anastasia Maria Guterres/Ana Josefa Ximenes/Fabiola Rodrigues /Fransisco Armando da Costa/Cesario Pereira Freitas/ Cesario Ximenes/Dirse da Silva Soares/Maria Lourdes de Freitas/Lucrecia da Silva/Paulo Francisco Simoes/ Imelda Silvana Marques
<b>International Volunteers:</b>	Dr. Robyn Fried, Dr. Silvia Huebner, Anne & Franco Ucci, Patrick Gauci, Dr. Rod Stobart, Family Beckley, Jonathan & Ellie Johnsten Lin, Gener Lapina & Tanya Esden, Simone Pitzal, Maris Kuhn, 16 NOW 2018 members, 20 Rotary Margaret River members
<b>Agriculture Program: Local Volunteer for Agriculture Program:</b>	Ermelinda Soares Aparicio Armando Pereira/Berta da Silva/Geremias da Silva /Armando da Silva
<b>Driver &amp; Mechanic:</b>	Silveiro Freitas da Concecao
<b>Security &amp; Cleaner:</b>	Lourenco da Costa/Aderito Freitas

## PLANS FOR 2019

1	Secure funding for continued health program for 2019-2022
2	Continue Rural Community Health Program: <ul style="list-style-type: none"> <li>- Expand mobile clinic sites to more remote villages</li> <li>- Further develop Clinic staff capacity through in-formal and formal training</li> </ul>
3	Develop and begin to implement community-based midwife and health volunteer pilot project
4	Expand Scholarship Program to include Medical Laboratory Technician, Nursing and Medical Administration
5	Build 3 <sup>rd</sup> Playground next to the Maternity clinic
6	Explore and develop new markets for weaving products from weavers cooperative in Home
7	Continue leadership training for FLD Board & staff, further develop the administration capacity of FLD through training; identify Volunteer for Organizational Development & donor liaison.

### Volunteers & Visitors 2018

FLD welcomed international volunteers & visitors:

Dr. Robyn Fried, Alexian Brothers, Dr. Rod Stuart, Franco & Anne Ucci, Patrick Gauci, Catholic Priests of Baucau Diocese, Nazareth Catholic Community Adelaide (Australia), Simone Pitzal, Maris Kuhn

RDTL Ministry of Health accreditation visit, Beckley family, Gener Lapina, Tanya Esden, Jonathan Lin, Ellie Johnsten, Rotary Margaret River group



### Donations can be made through international bank transfer to:

**Account Name:**

**Fundasaun Lafaek Diak**

**Address:**

**Becora, Dili, East Timor**

**Name of Bank**

**Bank Mandiri, Dili Branch, Timor Leste**

**Account No:**

**601-00-0014221-9**

**IBAN Number:**

**TL 38 0050 601-000014221 948**

**SWIFT Code:**

**BMRIIDJA**

**Correspondent Bank:**

**CHASUS 33 JP Morgan Chase Bank of New York**

*Should you experience difficulty in transferring funds, due to a possible confusion because Bank Mandiri in Dili TL uses an Indonesian SWIFT Code number but the IBAN number is for TIMOR-LESTE, please contact [infolafaekdiak@gmail.com](mailto:infolafaekdiak@gmail.com)*

